

BLOOD/BODY FLUID PRECAUTIONS (Including Blood Spill Clean-up)

Wear disposable gloves for contact or anticipated contact with any person's blood or body fluids.

Wear protective gown/apron if soiling of clothes is likely.

Wear goggles and/or mask as appropriate when splashing of blood/bloody fluids is likely.

Always WASH HANDS after removing gloves or hands have come in contact with blood or any body fluid/excretion.

Blood Spill Clean-up

- Follow instructions located inside blood spill clean-up kits, if provided.
- If no instructions are available, proceed using the following steps:
 - (a) Don appropriate protective apparel - at minimum a pair of disposable gloves, possibly disposable gown/apron if clothes are likely to be soiled.
 - (b) Use an absorbent or ample supply of paper towels to soak up blood spill and discard in plastic bag. If blood cannot be compressed from the towels or does not drip from the towels, waste will not meet the definition of regulated waste and may be discarded in regular trash. If the opposite is true, be sure soiled waste is placed in a biohazard bag.
 - (c) Cleanse spill area with soap and water or detergent plus disinfectant solution.
 - (d) Wipe with hospital-grade disinfectant labeled effective in killing human immunodeficiency (HIV) and hepatitis B viruses or a bleach solution freshly diluted (1 part bleach to 10 or 100 parts water). A 1:64 dilution is ¼ cup bleach in 1 gallon (16 cups) water.
 - (e) Allow above to air dry.
 - (f) Discard clean-up towels/wipes into plastic bag.
 - (g) Remove disposable gloves and discard in plastic bag.
 - (h) Put on second pair of disposable clothes, tie off plastic bag and place it inside another plastic bag (biohazard or unlabelled depending on if waste meets the definition of regulated waste).
 - (i) Carry waste to appropriate receptacle.
 - (j) Remove gloves and discard in regular waste. *
 - (k) WASH HANDS with soap and water.

*Regulated waste as defined in OSHA Occupational Exposure to Bloodborne Pathogens Rule, Dec. 6, 1991:

Regulated waste means liquid or semi-liquid blood or other potentially infectious materials; contaminated items that would release blood or other potentially infectious materials in a liquid or semi-liquid state if compressed; items that are caked with dried blood or other potentially infectious materials and are capable of releasing these materials during handling; contaminated sharps; and pathological and microbiological wastes containing blood or other potentially infectious materials.